



TERMS OF REFERENCE FOR THE EVALUATION OF THE CHILDREN AND YOUTH  
PROGRAMME:

*TRANSFORMING STREETISM IN KENYA THROUGH SELF-REGULATING ASSOCIATIONS OF  
STREET, WORKING A CHILDREN AND YOUTH*

## 1.0 BACKGROUND /INTRODUCTION

Undugu Society of Kenya is a pioneer organization for street children and youth rehabilitation, since 1973. Its Mission is **“to facilitate socio economic empowerment of street children, vulnerable youth and marginalized poor urban and rural communities, through capacity building, access to education and training, lobbying and advocacy, and the creation of linkages aimed at reducing poverty for the attainment of decent livelihoods.”** Undugu’s core business has remained that of rehabilitation and reintegration of street children and youth back into society, and achieves this by applying two approaches; Preventive and Curative. The curative approach addresses the plight of street children and youth already on the streets, while the preventive approaches play a bigger role in stemming the inflow of children into the street by working with poor communities.

The Children and Youth Programme implements all interventions that address the plight of street children and youth already on the streets, and its core function is rehabilitation and reintegration/integration of street working children and youth into families/communities. And though street children and youth have remained the primary focus of the organization throughout the years, the rehabilitation strategies/approaches can be seen to have gone through a number of phases as follows:

- In the 1970's to 1995's the organization used a *Needs Based Approach* where USK provided food, shelter, clothing, counseling, medical care and protection to children and youth through an institutionalized rehabilitation approach.
- With the recognition of poverty as a human right violation in the nineties, USK started embracing the *Rights Based Approach* in its work with children and youth. During this era (1995 – 2005), the Organization maintained the Institutionalized rehabilitation, but with more emphasis on Family Reintegration and Family Centred Rehabilitation. Services to children such as health care, protection, education and training were seen as rights and not needs. It's in this era that USK got involved in policy influencing activities, and was active in lobbying for Enactment of the children's Act and introduction of Free Primary Education for all children.
- Towards the end of 2005, Undugu carried out a major evaluation which culminated into the development of a third strategic plan 2006 - 2010 that enhanced the Right Based approach to rehabilitation with emphasis on **Capacity Building and Empowerment** of the street working children and youth. This approach emphasizes active Participation of children and Youth in Issues affecting them.

The Undugu Children and Youth Programme engaged a new gear in its rehabilitation approach from February 2006, and adopted a new approach to street children and youth rehabilitation. The new approach has been using a more inclusive and participatory process in rehabilitation, and builds the capacity of children and youth on the streets to make informed choices about issues affecting them, and contribute to the efforts towards elimination of the street culture in Kenya. This initiative was initially implemented as a pilot project in Nairobi between 2006 and 2007, under the project title of ***“Transforming streetism in Kenya: A project of rehabilitation through self- regulating Associations of Street, working a Children and Youth”***, after which it was evaluated. In 2008, the project entered its expansion phase that involved replicating it in Kisumu town, as well as reaching out to the peri urban towns of Nairobi.

## 1.1 The Children and Youth Programme Strategy

The Programmes' strategy involves working more with children and youth on the streets, through transformation of the existing grouping of street children (known as gangs), into self regulating associations for street and working children for positive change. The goal of the programme is to improve the quality of livelihood for street working children and youth at risk, while the broad objective has been *"To facilitate peer-to-peer rehabilitation and integration of street, working and other vulnerable children and youth into society, capacity building, lobbying and advocacy on street children's issues, through Self Regulating Associations for Street Working Children and youth"*. The specific objectives of the programme have been:

1. To facilitate formation of 400 (of 25 members each) Self Regulating Associations of Street and Working Children and Youth by 2010.
  2. To build the capacities of the Associations to effectively carry out curative and preventive rehabilitation, lobbying and advocacy, through peer to peer education by 2010.
  3. Facilitate Rehabilitation and integration of 20,000 children and youth into society through the Associations by 2010.
  4. Facilitate Rehabilitation and Reintegration to 260 children through Kitengela center and other referral centers each year.( i.e 40% girls and 60% boys)
  5. To carry out 10 advocacy campaigns on the fulfillment of the rights of street and working children and vulnerable youth by 2010.
- 1) To Influence Reduction in Glue Sniffing among Street children and youth.

### 1.1.1 The Programme design has the following major Levels:

- (1) **Level One- Formation of Associations (transforming existing gangs):** USK identifies already existing groups of street children through their Chuoms (residences on the streets), and their leaders. Using a participatory approach, the children and youth gangs are transformed into self-sustainable and productive associations.

The associations are encouraged to meet regularly, and develop their constitution and Code of conduct that guides them. During these meetings they discuss issues affecting them and identify possible ways of addressing them.

- (2) **Level two -Capacity building of Associations and its members:** This level involves;

- (i) Capacity building workshops which are organized for the children and youth, initially targeting leaders who are heading the current social structures. The workshops focus on: Leadership and Group dynamics, Participatory Action Research, Peer-to-Peer Education, Life Skills, HIV/Aids, sexuality, Drug and Substance Abuse and Children's Rights

The leaders gradually utilize the skills acquired in influencing change among street children. The associations then become avenues for advocating and promoting peer-to-peer rehabilitation, behaviour change among street children and youth, and overcoming streetism. The associations are also instrumental in identifying young children on the streets, withdrawing them and linking them with rehabilitation centers. They also identify issues that require lobbying- especially for services while working on the streets i.e health, security, water, toilets/bathrooms and employment opportunities.

Through the associations the capacity of street children and youth to deal with issues of drug and substance abuse, criminal tendencies/behaviour is enhanced and they are empowered to improve their self-image for the attainment of dignity.

- (ii) Training of Trainers (TOT's) is an important aspect of the capacity building initiatives where youth are equipped with skills to carry out trainings for other associations members.
- (iii) Through the associations, children and youth who have transformed are linked to education and skills training.
- (iv) **Provision of Care and Protection through the Kitengela Temporary place of Safety:** Children requiring rescue and protection are identified through the Associations and referred through the Undugu Children's Centre (and other agencies). In the Center, they undergo rehabilitation and are eventually reunited/reintegrated back to their families. Back with the families, they are also placed back to school, and continue being followed up under the Family Centred Rehabilitation strategy.

(3) **Level Three – Empowering street children for self reliance:** During this level, trainings on business and entrepreneurship are organized for the associations. This is followed by support for small business start ups, as well as income generation activities, either as individuals or as associations.

(4) **Level Four – Disengagement Level:** when an association has reached this level, the interaction with USK is reduced and the association is able to create its own linkages for growth and empowerment.

Year 2010 constitutes Undugu's final year of implementing its strategic plan, and therefore calls for an evaluation of its core activities as the organization prepares to develop its next strategic plan. Its against this background that Undugu proposes to carry out an evaluation of the Children and Youth Programme before the end of this year. The results of this evaluation will inform Undugu's direction in intervening in the lives of street working children and youth.

## 2.0 OBJECTIVES OF THE EVALUATION

The Overall objective of this evaluation is to determine the impact of the Children and Youth Programme's overall strategy in empowering street working children and youth. Specifically, the evaluation will seek to:

- (i) Assess to what extent the programme has achieved its objectives in relation to:
  - USK current strategic direction.
  - Operating within the strategic principles guiding USK's work.
  - Responding to emerging changes in the operating environment (Identified gaps, constraints and opportunities).
  
- (ii) Assess the relevance, effectiveness and efficiency of the Programme in relation to:
  - Planning, budgeting, monitoring and evaluation,
  - The implementation structure and strategy.
  - Cost effectiveness and judicious use of resources (financial, human, machines and equipment, buildings and other assets),
  - The capacity of the existing staff to implement planned activities
  - Networking, and alliances/coalitions building
  
- (iii) Assess the effectiveness, efficiency of the association's model/approach in relation to:
  - Promoting participation of children and youth in the programme implementation
  - Promotion of the rights of the children and youth
  - Mainstreaming of gender concerns.
  - Promoting peer to peer rehabilitation.
  - The role of Kitengela Centre for Care, Protection, Rehabilitation and reintegration of children and the patterns over the last five years..
  - The roles of Associations in Withdrawing young children from the streets.
  - Reducing the incidence of drugs and substance abuse for children and youth on the streets.
  - Interrelationships and synergy between the various units/programmes.
  - Enhancing sustainability for associations and their members.
  
- (iii) Assess the following additional issues:
  - Drop-out rate of children in Kitengela and Family Centred rehabilitation and the reasons for the same.
  - Lapsing and Disintegration of associations and reasons for the same.
  - No. of children withdrawn through the associations in each zone over time.
  
- (iv) Assess the overall impact of the programme on the target groups, in relation to: -
  - Withdrawing children from the streets.
  - Strengthening the capacity of the children and youth in the associations to carry out peer to peer rehabilitation.
  - Capacity development of youth from the streets.
  - Linking children and youth to development opportunities (education, training, income generation/employment, devolved funds and opportunities).
  - Reintegration and Integration of children back to families/society,
  - Advocating for the rights of children and youth on the streets.

- Reducing the incidence of drugs and substance abuse for children on the streets.
- Improving the quality of life for the children and youth, and their families
- Improving the public image of street children and youth, within community neighborhoods.
- Transforming the Street Culture (Streetism).

### **3.0 SCOPE OF THE EVALUATION**

The Evaluation will assess all the components of the programme implementation, and will cover Nairobi, and Kisumu, and peri urban towns within which USK has implemented this project. In Nairobi, the evaluation will make performance analysis of the four operational zones: Kasarani, Langata, and Westland and Makadara zones, as well as Kitengela Centre. Gender and age of youth dimensions to be taken into account.

### **4.0 EXPECTED OUTCOMES**

An evaluation report containing findings and recommendations. In specific terms, the evaluation report should: -

1. Provide a Regional and zonal analysis of the performance of the Programme.
2. Advice on relevance and effectiveness of the association's approach in rehabilitation and reintegration/integration work.
3. Identified gaps, challenges, constraints and advice USK on possible remedial measures to be taken.
4. Advice on appropriate and effective structure to implement activities under the programme.
5. Identify key competencies/strengths as well as the capacity needs of the Programme staff for quality programme implementation.
6. Make recommendations on the way forward.

### **5.0 THE CONSULTANT'S TASKS / DELIVERABLES**

#### **5.1 Tasks**

The consultant is expected to carry out the following tasks in this study:

1. Provide an inception report for the assignment within three days of signing the contract, summarizing key issues to be addressed, the methodology to be used and work plan with clear timeline.
2. Develop data collection tools.
3. Produce a Draft report to be presented to management of USK according to time plan.
4. Hold a one day validation and dissemination workshop to share the draft report with the management, programme staff, implementing and funding partner representatives and representatives of the beneficiaries/community.
5. Submit a final comprehensive report including annexes with the tools used and a softcopy of all data processed.

## 5.2 Methodology

The consultant is expected to use appropriate methods and tools to capture the required information including participatory approaches that adequately includes all the questions for this assignment. The consultant will review relevant documents and reports and will be expected to employ a variety of methodologies necessary for impact studies using standard methods and tools. He /she is also expected to collect information from all key stakeholders of the programme.

## 6.0 TIME FRAME FOR THE ASSIGNMENT

The assignment shall be conducted within a period of not more than 25 working days effective from the time of signing the contract until when the final report shall be submitted.

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## 7.0 CONSULTANT REQUIREMENTS

The interested consultants/firms should send in their technical proposal and attach the CVs of the people to conduct the study. It is expected that a team of at least 2 persons will conduct the assignment. The following qualifications/competencies with proven experience in conducting such or similar exercises are required.

- A Masters degree in a relevant field such as Social Sciences; Development Studies; Economics, Education, MBA or any other relevant field.
- Demonstrated skills and experience in Project planning, implementation, impact monitoring and evaluation
- Good knowledge of OVC, and street children and youth issues in Kenya
- Good knowledge of civil society operations
- Financial competence in cost benefit analysis

## 8.0 INTELLECTUAL PROPERTY

The Donors and Implementing Partners (Taksvarkki, Railway Children (UK), Kindernothilfe & USK) shall hold all intellectual property rights over any publications, unless otherwise agreed.

**9.0 Selection of consultants:** The assignment will be advertised through one of the popular local newspapers. USK shall shortlist at least three best CV's then share them with partners for final selection.

The technical document, CVs, and a detailed budget are expected until \_\_\_\_\_ delivered by hand in both hard and soft copies to the following address:

## 10.0 AGREEMENT

After the consultant's/Firm's acceptance to execute the task, she/he will sign the contract with USK.

## **11.0 APPLICATION OF CONSULTANTS**

The consultant should develop a technical document after receiving the Terms of Reference. The technical proposals should clearly describe how the duty will be executed and fully explain how the data will be collected and analyzed. This should include the approach, the tools (like PRA), sample sizes, time schedule and the like, and should be written in a way that it becomes clear how the evaluation will be conducted.

The technical document, CVs of at least two people who will carry out the assignment, and a detailed budget are to be received by Undugu, delivered by hand in both hard and soft copies to the following address:

**The Executive Director  
Undugu Society of Kenya  
P.O. Box, 40417,  
Nairobi  
Code 00100\_  
Email: [undugu@undugukenya.org](mailto:undugu@undugukenya.org)**

For questions and additional information, please contact:  
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